

Oro Valley on-site Health and Wellness Clinic

RFP 14032

Healthcare Solutions Centers (HCS) has been implementing on-site healthcare services since 2002. Throughout this time, our team has grown to specialize in the industry of on-site wellness, preventative care, occupational care, urgent care and disease management. HCS provides your employees with comprehensive coordinated healthcare to achieve a state of health and well-being. From inception, HCS has continually improved all of our services by listening to our clients and their broker's needs. HCS provides all our clients with the highest quality of care while saving the employers hundreds of thousands of dollars on their healthcare budget. HCS will never skimp on the delivery of healthcare; patient care is our top priority. Our leadership team has over 25 years in working in medicine and business.

HCS' philosophy is to promote on-site high-quality wellness and primary care prevention programs in the workplace to achieve an optimal level of health for all employees, which will dramatically reduce the Town of Oro Valley's overall healthcare costs. HCS implements on-site healthcare clinics to promote healthy lifestyle for employees, maintain and improve health and wellbeing, and prevent or delay the onset of disease.

The Town of Oro Valley On-Site Health and Wellness Center Program design.

Family Nurse Practitioner On-site Monday and Wednesday 9:00am-3:00pm.

Licensed Practical Nurse On-site Thursday 9:00am-1:00pm.

Phlebotomy on-site every Friday from 7:00am-9:00am.

24/7 workers compensation hotline.

On call triage Monday-Friday 8:30am-4:30pm, weekends e-mail triage.

Collaborates and works with all contracted specialists.

Collaborates programs with US Healthworks, Sonora Quest Labs and Simon Medical Imaging.

The team of practitioners and ancillary staff will be handpicked to staff the Oro Valley on-site clinic. The scope of services will be covered by a nationally certified Family Nurse Practitioner (FNP-C) and a Licensed Practical Nurse (LPN). The FNP on-site will maintain privileges to assess, educate, coach, suture, diagnose disease or illness, prescribe medications, therapies, order and interpret labs and radiology studies, and refer to a specialist as needed.

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Health and Wellness, Urgent Care, Disease Management Clinic Staffed by FNP-C

- ✓ Primary care and preventative medicine
- ✓ Pediatric care and well child exams
- ✓ Adolescent well exams and high risk screening
- ✓ Adult man/women well exams/annual physical exams
 - Prostate exams
 - Breast exams including radiology order for mammogram
 - Mental health screening
 - Substance abuse screening
 - Physical abuse screening
- ✓ Physical exams and pre-employment physicals
 - Pre-employment drug screenings
- ✓ Disease Management for chronic illness
- ✓ Biometric screenings and review
- ✓ DOT/CDL Physical Exams
 - Routine hearing services (CDL requirements)
 - Routine vision services (CDL requirements)
 - Urinalysis (CDL, random), Drug screening
- ✓ Public safety physicals (Police)
- ✓ Occupational Health services to include worker compensation services
 - 24/7 hotline for workers compensation
 - Work compensation treatment
 - Drug screening
 - Work with supervisors on light duty plans
 - Coordination of care with case managers
 - Return to work plans
 - Lift Plans
- ✓ Urgent care appointment same day.
 - IV rehydration therapy
 - Rapid strep tests
 - SVN treatments for respiratory issues, Oximetry
 - Acute infections
- ✓ Spirometry & Pulmonary Function testing
- ✓ Generic medications dispensed on-site for first day treatment

Prescriptions will be directed to generics and the \$4.00 month, \$10.00-90 day plans. Simon Medical cash pay radiology plans, no claims.

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Wellness, Disease Management & Weight Loss Program

The LPN will work directly under the FNP-C and will lead the Wellness, Disease Management & Weight Loss programs under the direction of the FNP-C

- ✓ Healthy behaviors and lifestyle, education & coaching
- ✓ Smoking cessation
- ✓ Stress & anxiety reduction, referral to EAP as needed
- ✓ Biometric reviews & referral to FNP-C for abnormal
- ✓ Disease management & health risk assessment
 - Pre-diabetes & diabetes
 - Hypertension
 - Hyperlipidemia
 - Obesity
- ✓ Weight loss programs
 - Weekly coaching & meal plans
 - Supplements for sale on-site: Pea protein and vitamin D and B sprays
 - Recipes for low glycemic meals and protein shakes
- ✓ All injection therapy
 - B12, Testosterone, Allergy injections directed from allergist
 - TDap, PPD skin tests & readings
 - Annual Flu vaccine clinic

Fee for Town of Oro Valley Only

Monthly fixed fee \$10,182.33

Annual Fixed fee \$122,188.00

One time charge of \$10,000.00 to purchase all equipment and supplies needed to establish the Clinic

One time charge of \$5,000.00 for all services and training needed to open the Clinic.

HCS provides a comprehensive approach in delivering healthcare services. Our integrated team of healthcare providers is committed to providing personalized patient care and building trust with our patients and clients. Our practitioners become valued partners for the patients and clients they serve. By taking the time to listen to their needs, HCS is achieving best-in-class results by successfully transforming the health of employee populations. We also believe in collaborative care to reduce redundant labs, radiology or interventions. With quick and cost-effective interventions, our patients have less catastrophic claims, thereby dramatically reducing the Town of Oro Valley's healthcare costs. HCS is proactive in identifying illness, promoting wellness and delivering disease management. Our practitioners quickly become your company's healthcare advocate.